

# Say hello to **higi**

**we make it easier**  
for members to know  
their numbers and be  
their healthiest

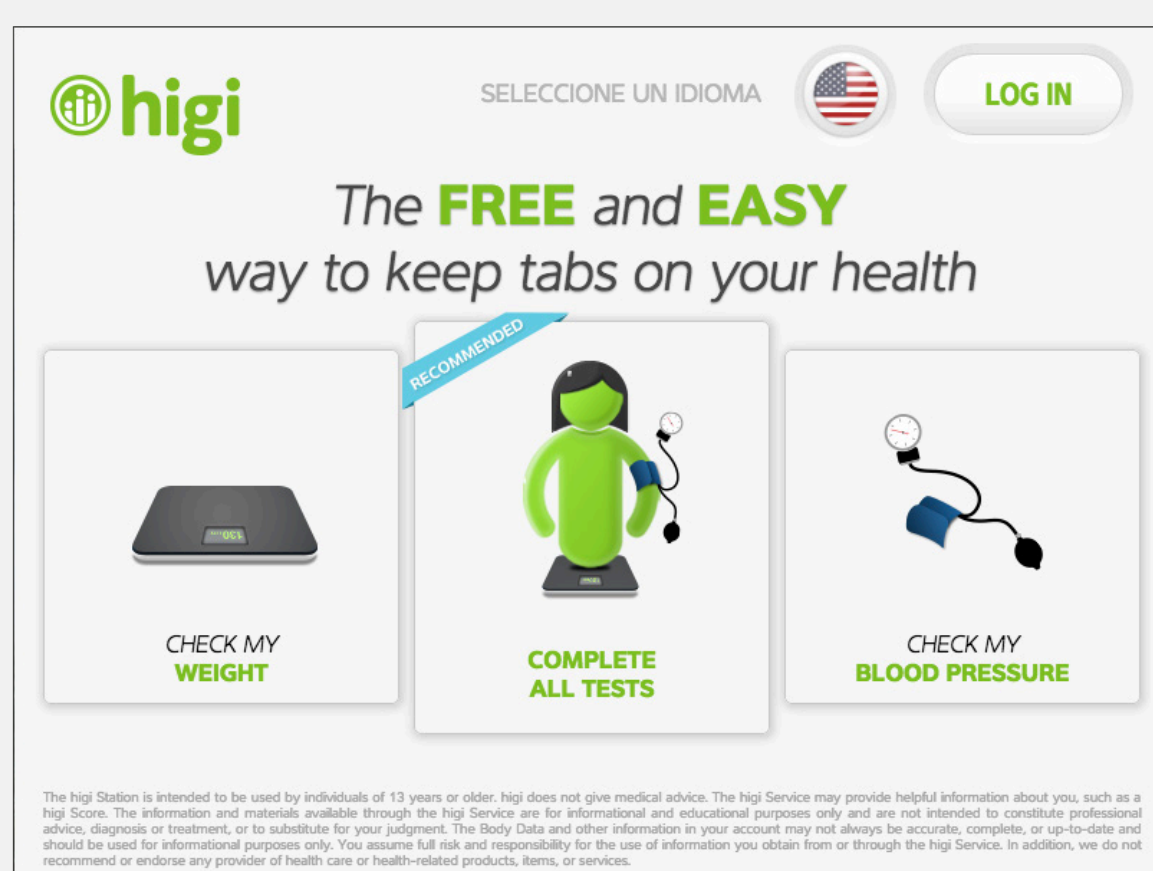
**Blood Pressure  
and Pulse**

**Privacy Screen  
User Interface**

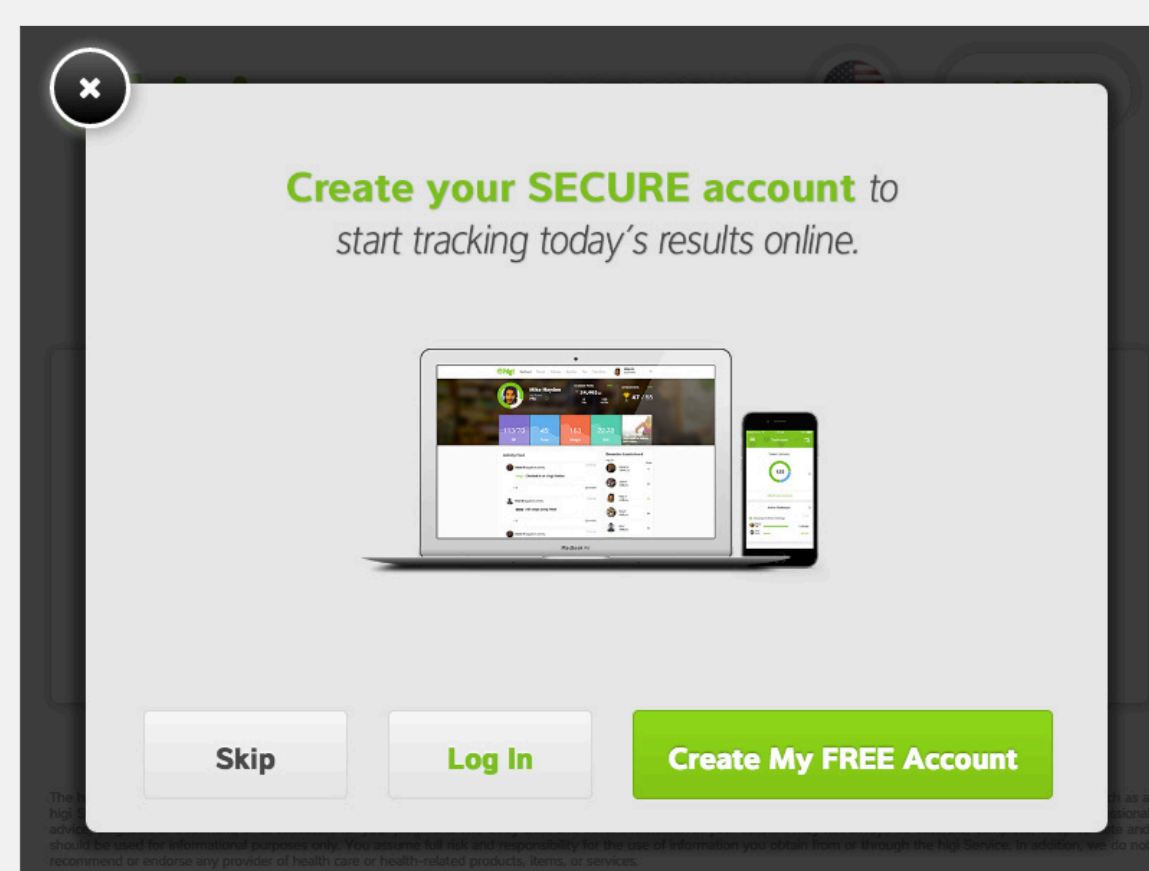
**Weight and  
BMI**



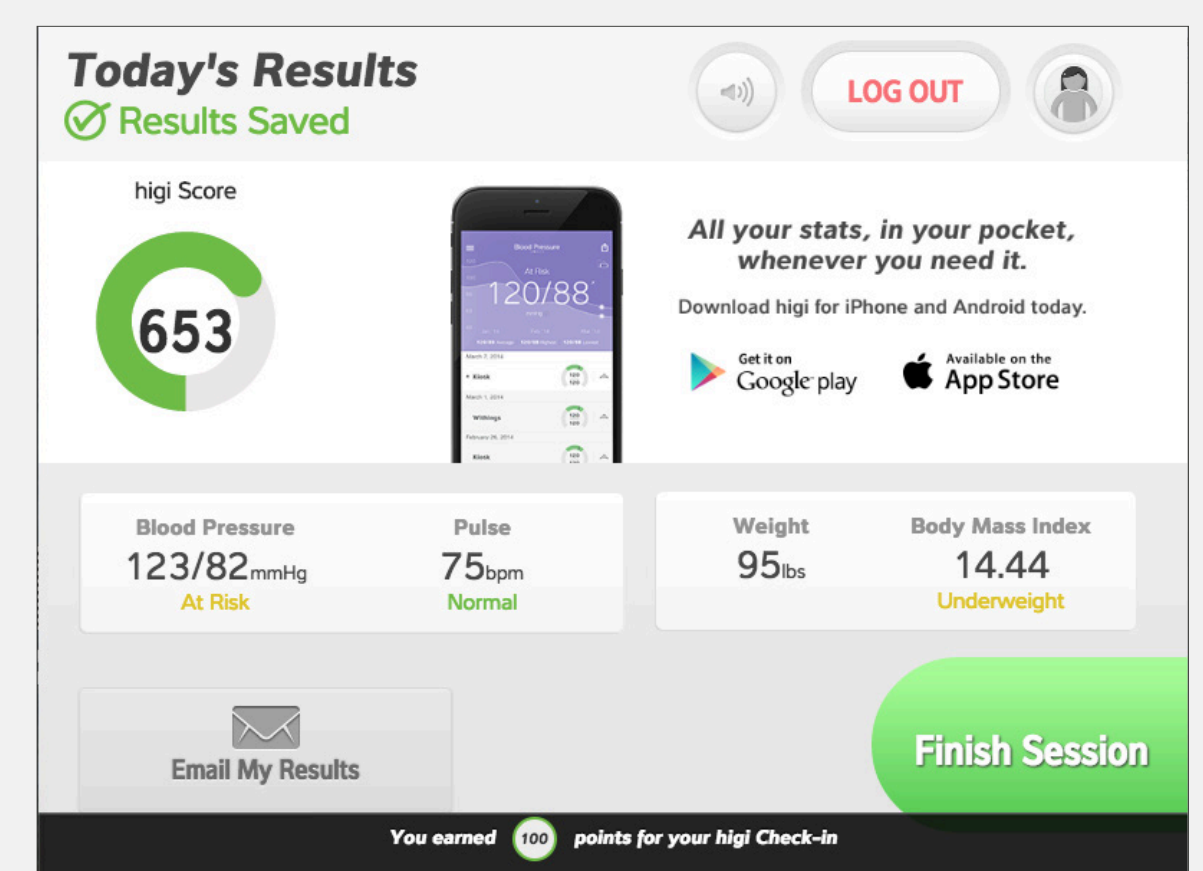
**Find the health station located in your office  
and follow the steps below to get started**



Sit down and select one or  
all test test to get started



Create a free account\* to  
save and track your results



Proceed to take your  
test and get your results

\*Measure your blood pressure, pulse, weight and body mass index at the station. A higi account is not required to use the station but creating one is free and includes significant benefits. View a history of your higi check-ins online at [higi.com](http://higi.com) or on the higi mobile app (available in the app Store and Google play). Get connected at [higi.com](http://higi.com).

higi is proud to be allied with:



**aetna**