Reliance Standard Life Insurance Company: Essential Plan

Coverage for: Employees & Covered Dependents | Plan Type: Preventive

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-375-0775 or visit us at [NOTE-insert linked to web address]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-866-375-0775 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.	
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .	
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.	
What is not included in the out-of-pocket limit?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.	
Will you pay less if you use a network provider?	Not Applicable	This <u>plan</u> does not use a <u>provider network</u> . You can receive covered services from any <u>provider</u> .	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.	



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	Not Covered	Not Covered – Plan limited to preventive care only.
If you visit a health	<u>Specialist</u> visit	Not Covered	Not Covered – Plan limited to preventive care only.
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	\$0	Plan limited to recommended preventive care only. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
	Diagnostic test (x-ray, blood work)	Not Covered	Not Covered – Plan limited to preventive care only.
If you have a test	Imaging (CT/PET scans, MRIs)	Not Covered	Not Covered – Plan limited to preventive care only.
If you have a test	HIV Screening	\$0	Plan limited to recommended preventive care only.
	Colorectal Cancer Screening for Adults over 50.	\$0	Plan limited to recommended preventive care only.
If you need contraceptive drugs	Generic Contraceptive drugs	\$0 Contraceptives only	Plan limited to recommended preventive care only.
More information about prescription drug coverage is available by calling 1-866-375-0775	Brand Name Contraceptive drugs	\$50 Contraceptives only	Plan limited to recommended preventive care only.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	Not Covered Not Covered	Not Covered – Plan limited to preventive care only. Not Covered – Plan limited to preventive care only.
If you need immediate medical attention	Emergency room care Emergency medical transportation Urgent care	Not Covered Not Covered Not Covered	Not Covered – Plan limited to preventive care only. Not Covered – Plan limited to preventive care only. Not Covered – Plan limited to preventive care only.
If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fees	Not Covered Not Covered	Not Covered – Plan limited to preventive care only. Not Covered – Plan limited to preventive care only.
If you need mental health, behavioral	Outpatient services	Not Covered	Not Covered – Plan limited to preventive care only.
health, or substance abuse services	Inpatient services	Not Covered	Not Covered – Plan limited to preventive care only.
	Anemia screening on a routine basis for pregnant women	\$0	Plan limited to recommended preventive care only.
If you are pregnant	Childbirth/delivery professional services Childbirth/delivery facility services	Not Covered Not Covered	Not Covered – Plan limited to preventive care only. Not Covered – Plan limited to preventive care only.
	Home health care	Not Covered	Not Covered – Plan limited to preventive care only.
If you need help	Rehabilitation services	Not Covered	Not Covered – Plan limited to preventive care only.
recovering or have	Habilitation services	Not Covered	Not Covered – Plan limited to preventive care only.
other special health	Skilled nursing care	Not Covered	Not Covered – Plan limited to preventive care only.
needs	Durable medical equipment	Not Covered	Not Covered – Plan limited to preventive care only.
	Hospice services	Not Covered	Not Covered – Plan limited to preventive care only.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If your shild poods	Children's eye exam	<u>\$0</u>	Plan limited to recommended preventive care only.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered – Plan limited to preventive care only.
dental of eye care	Children's dental check-up	Not Covered	Not Covered – Plan limited to preventive care only.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- preventive health services not meeting the requirements of the Affordable Care Act;
- Acupuncture
- Bariatric surgery
- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing

- Routine eye care (Adult)
- · Routine foot care, and
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

RSL Specialty Products Administration Toll-Free - 1-866-375-0775 Written appeals should be mailed to: RSL Specialty Products Administration Claims Department 505 S. Lenola Road, Suite 231 Moorestown, NJ 08057.

Department of Labor's Employees Benefit Security Administration, Toll Free - 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform.

ERISA Plan Administrator:

Julie Nelson

University Payroll & Benefits

217-265-6363

By mail to:

Henry Administration Building, Room 177 (MC318)

506 S. Wright Street Urbana, IL 61801

Additionally, a consumer assistance program can help you file your appeal. Contact:

Illinois Department of Insurance 320 W. Washington St, 19th Floor Springfield, IL 62767 (877) 527-9431 https://insurance.illinios.gov/consumer (website) DOI.Director@illinois.gov (email)

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? No

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	100%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,870
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In this example, Peg would pay:	

Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions		
The total Peg would pay is	\$12,600	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	100%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,660

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$
The total Joe would pay is	\$7,050

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	100%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$2,020

In this example, Mia would pay (This condition is not covered so patient pays 100 percent):

Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$	
The total Mia would pay is	\$2,020	