

WELLNESS CONNECTION

LIVE WELL. WORK WELL.

JUNE 2021

EMPLOYEE SPOTLIGHT - A BIG Thank You to Leana Coffey



By Seth Yoder

With Leana Coffey's recent departure from the System Office Wellness Committee to assume her new role as Human Strategic Capital Lead, some members of the committee wanted to share their thoughts about Leana and her valuable contributions.

Lydia Schillinger:

I want to wish Leana good luck in her new role with AITS. She will be missed on our System Office Wellness Committee. Leana joined at the conception and has contributed on several subcommittees on our System Office

Wellness Committee. I worked closely with Leana on the Wellness Connection newsletter subcommittee, where she wrote our "Nourishing You" section and shared many easy, delicious, healthy, and allergy-friendly recipes. I have loved working with her and tasting all of her delicious recipes! I am a big foodie. We will have big shoes to fill in her spot! Leana will be missed.

Colleen Crawford:

I am happy to have had the opportunity to work with Leana on the System Office Wellness

Committee and several subcommittees. Her thoughtful contributions fueled conversation and implementation of new ideas. I wish her all the best in her new position!

Jill Odom:

How do you say 'thank you' to Leana for her contribution to the System Office Wellness Committee? 'Thank you' just doesn't cover it! Leana has been an extraordinary member of the committee since day one and her enthusiasm has been contagious. She asks questions, provides feedback, supports and encourages, and is willing to take on any task with a smile. Leana is a true professional with a heart of gold and it has truly been my pleasure to work with her on the committee. Saying Leana will be missed on the committee is an understatement, but I feel some solace that she's just an email or phone call away if we get in a jam! Thank you, Leana!

Christina Worthington:

Leana Coffey has had such an impact on making System Office Wellness what it is today. She's been on board since its conception and for that we're so grateful! Many of the wellness campaigns and activities System Office employees enjoy are thanks to the time and dedication Leana has put into helping to organize, create, and execute them. Leana's passion for wellness didn't stop with the committee but extended to individual units as well. She's always been eager to share the great work she's done within AITS. Thanks for all you've done, Leana! It's time to sit back and enjoy the fruits of your labor!

Jackie Billhymer:

When system office wellness first began, I was unsure what this new initiative was going to look like. Representatives from various system office units joined the first meeting and we started talking about what the charge was and what ideas we had to get the initiative off the ground. Leana jumped into these conversations right from start by sharing her thoughts and ideas about what we could do to promote employee wellness.

Leana's collaborative spirit and fun ideas were an integral part of the process when we started to develop the Wellness Connection newsletter and the inaugural UI Stride wellness campaign. She volunteered for both subcommittees and has contributed a great deal of time and effort each month to the "Nourishing You" section of the newsletter and with all three UI Stride campaigns. It's clear to me that Leana genuinely cares about wellness, not just for herself, but for system office employees as well. We have been blessed to have Leana on the committee and I sincerely appreciate everything she has done to make system office wellness what it is today!

Seth Yoder:

Leana has played an integral role in shaping virtually every new initiative the System Office Wellness Committee has rolled out. There are too many examples to cite, but one in particular that stands out in my mind is when we were putting together our first issue of the Wellness

Connection newsletter. We were struggling to come up with a name and not only did Leana come up with the name *Wellness Connection*, but she also provided us with suggestions for the names of each of the sections in the newsletter! Leana has been an invaluable member of the wellness committee and her absence will most certainly be felt. I feel so fortunate to have been given the opportunity to partner with her on work that I know will continue to make an impact around the System Offices far beyond our time here. Leana, you are the BEST, and we cannot thank you enough for all your thoughtful support and guidance.

